



SPORT e TUMORI

Congresso Scientifico Nazionale

**Attività fisica e corretta alimentazione
per la prevenzione dei tumori
una via per de-nutrire il tumore**

Giovedì 19 giugno 2014

Ore 14:00 - 20:00

SALA CONGRESSI ACLI

Via Della Signora n. 3, Milano

SPORT AND CANCER

NATIONAL SCIENTIFIC CONVENTION

Physical activity and right nutrition for the cancers prevention

A way to underfeed the cancer

MILAN-THURSDAY 19TH JUNE-FROM 14 TO 20-
ACLI MEETING HALL - VIA DELLA SIGNORA ,3

AT 14:00

WORKS OPENING

Marco Galdiolo - ACLI Sport Union National President

GREETINGS

Antonio Bortone - AIFI National President

Ambra Morelli - ANDID Lombardia Regional Managing Director

Paolo Padoan - ANT Italy Foundation

AT 14:30 - 19:45

SESSIONS MODERATORS:

Anna Laura Fantuzzi- ASL Modena nutritionist coordinator - already ANDID National Secretary

Giorgio Lelli - ANT Italy Foundation Oncologist

FIRST SESSION

Physical activity and cancer risk

Antonio Cano - Professor of Obstetrics and Gynecology - Pediatrics, Obstetrics and Gynecology Unit University of Valencia-Spain

Obesity and oncological risk

Guido Iaccarino - Professor of internal medicine -University of Salerno

Mediterranean and eubiotic diet: the prevention starts from the table

Enrico Ruggeri - ANT Italy Foundation

Role of the micronourishing in the prevention of the oncological illnesses

Nicolantonio D'Orazio - Professor, Director of the Unit of Human and Clinic Nutrition, Department of biomedical Sciences - University "G. d'Annunzio", Chieti

DEBATE

COFFE BREAK

SECOND SESSION

Physical activity and cardioncology

Vincenzo Santomauro - ASL Salerno Cardiologist – Italian Society of Sport Cardiology National Directory (SIC SPORT)

Return to sport after the cancer: the rehabilitating course

Carlo S. Ramponi - GIS Sport National Responsible - AIFI-Physiotherapists Italian Association

Dragon boat experience in women with a breast operation: benefits and potential risks

Elodie Stasi - Immunopathology researches center and rare illnesses documents (CMID)- Turin

Guidelines for the physical activity in oncology

PierLuigi Fiorella - Sports medicine Institute -Bologna

DEBATE



PROGRAM

SPORT AND CANCER

WORKSHOP ABOUT:

Sport and food : a way to underfeed the cancer

The speakers:

Levino Flacco - *President National ANASMES*

Alessandro Galbusera - *US ACLI National Presidency, Responsible of "Area Sviluppo Associativo"*

Antonio Parisi - *ASL Asti health district*

Davide Petruzzelli - *President of the Association Cancers "La Lampada di Aladino"*

From theory to practice

Massimo de Girolamo - *US ACLI National Presidency, Responsible of "Sport and Health"*

Experiences of health promotion: the US ACLI national projects of physical - sports practice

- Walking together for life and
- Walking for life with dog
- Stair climbing...boycott the lift
- GOAL - Getting Ageing Life Quality Optimize (for an active ageing)
- STEP BY STEP - with US ACLI I feed the health (per EXPO 2015)
- The impact of ICT and social media to improve compliance to lifestyle in postmenopausal women at Increased risk for disease.



PROGRAM